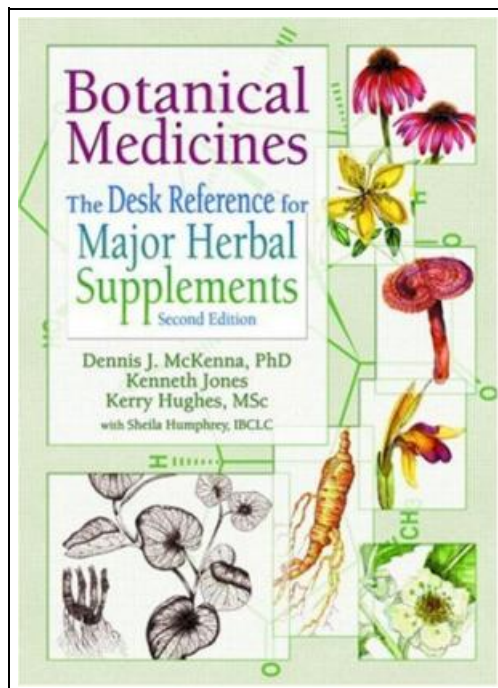


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Routledge, 2002. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: This informative book is a compendium of detailed scientific research on 34 of the most popular dietary supplements used in North America and Europe. Each entry covers botanical data (classification and nomenclature, common names, geographic occurrence, and botanical characteristics), history and traditional uses, chemistry, therapeutic applications, and both pre-clinical and clinical studies. It also discusses recommended dosage, safety profiles (including toxicology), side effects, contraindications, drug interactions, safety recommendations during pregnancy and lactation, and special precautions. This extensively referenced volume includes an appendix with information on the major provisions of DSHEA and on assessing the quality of botanical products. American Reference Books Annual says this book is "An outstanding resource for comprehensive, evidence-based information. . . . This clearly written, exhaustively researched compendium should become a standard reference in botanical medicine." And the Journal of Natural Products says, "This book is among the best that has been written, and I have found it a useful addition to my library. It is of utility for both healthcare and research professionals, as well as companies interested in these plants. There is a wealth of information in the book for each plant."



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