



## Bully-Proof Kids: Practical tools to help your child to grow up confident, resilient and strong (Paperback)

By Stella O Malley

Gill, Ireland, 2018. Paperback. Condition: New. Language: English . Brand New Book. We can't always be there to protect our kids as they make their way in the world. What we can do is equip them with the tools they need to ensure they have a positive social experience. Based on many years experience counselling bullies and targets, Stella O Malley offers concrete strategies to empower children and teenagers to deal confidently with bullying and dominant characters. She identifies effective ways for families to cope when bullying occurs, including approaching the school authorities, communicating with the bully's parents and tips to tackle cyberbullying. Stella's common-sense approach will help your child, tween or teen to develop their emotional intelligence and will provide relief for families navigating the rapidly changing social environment, both online and in school. Bully-Proof Kids is the handbook for Irish parents to deal with bullying and exclusion. DR MARY O KANE, EARLY YEARS A vital life raft for parents, teachers and children being bullied Jennifer O Connell.



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