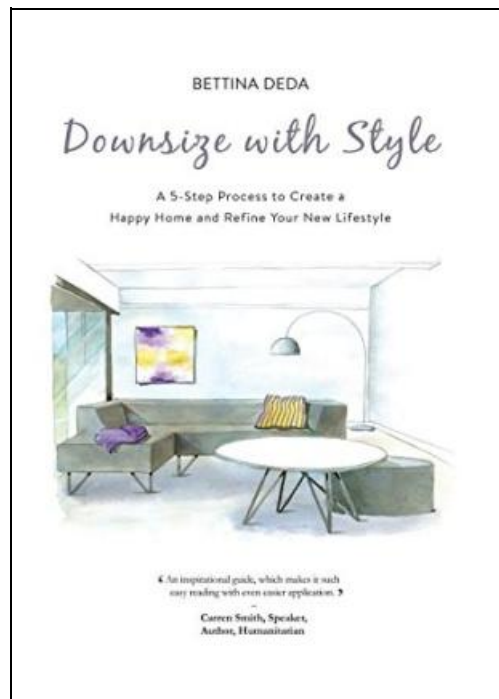


## Downsize with Style



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# DOWNSIZE WITH STYLE



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Woodslane Pty Ltd, Australia, 2014. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Downsize with Style is a practical guide for empty nesters to successfully manage their downsizing project. The book is based on an easy-to-follow 5-step process: 1. De-clutter and tidy up 2. Find your personal style 3. Visualise your ideas 4. Layout your space 5. Start decorating Additionally, it covers expert tips from international designers, real estate and removal specialists! The idea for Downsize with Style was born when Bettina read about the major physical change Australian cities are going through. More and more people prefer an urban lifestyle close to amenities. They choose to live in low maintenance apartments rather than big houses for various reasons: simplifying their lifestyle, saving money on furnishings, appliances and energy, gaining more time for travelling and hobbies or downsizing to start a new chapter of their life. Talking to clients and prospects about the biggest challenges when downsizing, three major topics emerged: \* Defining their future lifestyle \* De-cluttering and prioritising what to keep \* Storage optimisation in a smaller space. Downsizing is often associated with negative feelings and emotions. Bettina encourages empty nesters to see it differently, to live with an attitude of gratitude, gratitude for the life they have lived, and the time they have spent with their family. To start a new chapter of their life they need to step out of their comfort zone and be ready to experience new and exciting things.



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