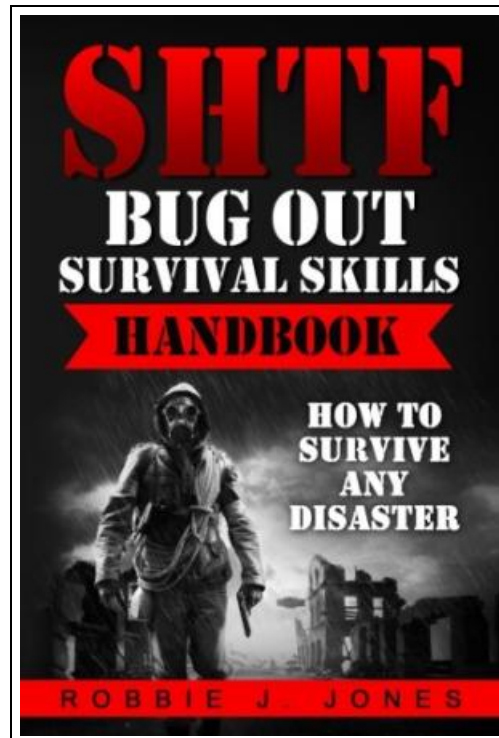


## Shtf Bug Out Survival Skills Handbook: How to Survive Any Disaster (Paperback)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. SHTF Bug Out Survival Skills Handbook How to Survive Any Disaster An SHTF preparation, disaster preparation or any emergency preparation are not something you do in a day or a week. It is not as simple as reading a book, then buying a few cans of food, a flashlight, and some BOB bags. It is much more than that. It is a mindset where your only goal is to safeguard you and your family from any disaster that happens in your area for years to come. The shock of a larger scale disaster such as an earthquake, tornado, hurricane or a chemical or biological attack on the humanity can happen in a matter of seconds. Once any of these disasters happen, the reaction can sometimes be even fatal. But being prepared for anything comes your way can give you the peace of mind and train your brain to act instead of just being in the shock and awe state of mind. While your first reactions aren't necessarily wrong, a lot of factors impact your pre-written emergency plan. However, what does matter is that you act. In a post-SHTF scenario, you want to take action rather than finding out what happened. Learning what is going on around you is of secondary concern to survival. Focus on what your gut is telling you, not what the news is saying. Surviving any disaster requires well thought out planning, a good stockpile of gear and supplies, training and preparation along with a cool calm and collective mindset to know what action to take and what not to take. A wrong decision in this situation can be fatal. But even with all the...



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