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LAGOM: THE SWEDISH ART OF LIVING A BALANCED, HAPPY LIFE (HARDBACK)



HarperCollins Publishers, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. Uncover the secrets of the Swedish philosophy of life called Lagom - meaning 'just enough' . At its core is the idea that we can strike a healthy balance with the world around us without having to make extreme changes, and without denying ourselves anything. This delightful book, written by Niki Brantmark, founder and curator of the award winning interior design blog, My Scandinavian Home, gives...

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- Authored by Niki Brantmark
- Released at 2017



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