

Journal: Women at the Beach: Lined Journal, 120 Pages, 5.5 X 8.5, Beach Journal (Paperback)



Filesize: 7.8 MB

Reviews

This publication is wonderful. I could comprehend every thing out of this published e publication. You can expect to like the way the blogger write this publication.

(Eliseo Rippin)

JOURNAL: WOMEN AT THE BEACH: LINED JOURNAL, 120 PAGES, 5.5 X 8.5, BEACH JOURNAL (PAPERBACK)**DOWNLOAD**

On Demand Publishing, LLC-Create Space, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Ready to Write Your Way into a New Life? Most of us know there s power in words, but are you aware of the force created from keeping a journal? This handy, portable, soft cover, lined journal to write in with a matte finish is exactly what you need to enjoy the power of a self-discovery journal. Maybe you re the type of person who loves to journal, write, capture your thoughts, record events, track daily activities, make lists, count blessings, express gratitude, create goals, or engage in a conversation with yourself, you ll find this lined notebook perfect. And if it s not for you, surely you know someone who would love to have this cute journal as a gift? Special Features and Sections This whimsical and fun journal contains 120 pages and has some special features and sections: 5.5 x 8.5 size - portable and easy enough to carry with you 106 lined pages Cream-colored paper, smooth and 55#, suitable for ink, pencils, gel pens, and coloring pencils 4-page Reflections section 2 pages with coloring-page graphics for your creative play 2-page Personal Index section Title page to record your name, date, or other information Smooth-to-touch matte-finish cover What Can Journaling Do for You? Extensive research exists that extols the benefits of journaling and many neuroscientists are looking more and more at the impact of the hand-written ones where good old paper is used. Here are but a few reasons to give a paper journal a try: Increase learning. Improve memory and comprehension. Increase goal achievement. Increase self-awareness. Unlock creativity. Improve mood and self-confidence. As you can see, there are many reasons why this journal can be of help. Why...



[Read Journal: Women at the Beach: Lined Journal, 120 Pages, 5.5 X 8.5, Beach Journal \(Paperback\) Online](#)
[Download PDF Journal: Women at the Beach: Lined Journal, 120 Pages, 5.5 X 8.5, Beach Journal \(Paperback\)](#)

Other PDFs



Ready to Race! (Blaze and the Monster Machines)

Random House Books for Young Readers, United States, 2015. Paperback. Book Condition: New. Kevin Kobasic (illustrator). 229 x 142 mm. Language: English . Brand New Book. Blaze and the Monster Machines is an all-new action...

[Read Book »](#)



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

[Read Book »](#)



Traffic Massacre: Learn How to Drive Multiple Streams of Targeted Traffic to Your Website, Amazon Store, Auction, Blog, Newsletter or Squeeze Page

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.3 Free Bonus Books Included! Attention: Online business owners. quot;Finally!...

[Read Book »](#)



Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

[Read Book »](#)



Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title:...

[Read Book »](#)