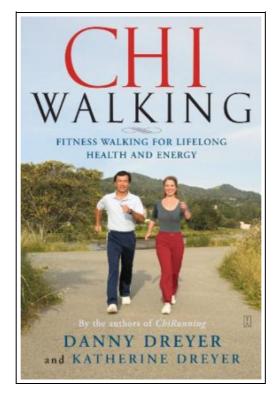
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CHIWALKING: THE FIVE MINDFUL STEPS FOR LIFELONG HEALTH AND ENERGY



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