

The 168 Hour Caregiving Work Week: Activity Quick Guide (Paperback)



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THE 168 HOUR CAREGIVING WORK WEEK: ACTIVITY QUICK GUIDE (PAPERBACK)



R.O.S. Therapy Systems, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The 24/7 job of caregiving is stressful enough without having the struggle to figure out things for your loved one to do so they are not just staring out a window nodding off throughout the day. With over 250 activity ideas to help you get started, this book is designed as a quick guide for ideas to engage the one you care for. These are just a starting point to get your creative juices flowing so you can design activities that your loved one can participate in and enjoy. Throw away any pre-conceived notions you and others may have on how something should be done. There is no right or wrong way when it comes to activities. There is only what works for you and your loved one. With decades of combined experience, we have put together a simple tool to help every caregiver with ideas on how to engage the one the care for. These activities can be used with for the following: 1. Activities for Alzheimer s 2. Activities for Lewy Body Dementia 3. Activities for Frontal Lobe Dementia 4. Activities for Vascular Dementia 5. Activities for Parkinson s 6. Activities for Traumatic Brain Injury 7. Activities for Huntington s Disease 8. Activities for Stroke Both of you can and should enjoy the many benefits of activities and engagement. Here are some of the the activity topics we cover: 1. Sensory Activities: Smell 2. Sensory Activities: Touch 3. Activities for Low Functioning 4. Purposeful Activities 5. Active Activities 6. Arts and Crafts Activities 7. Fun and Games 8. Music Activities 9. Evening Activities These bullet point ideas are designed to allow you to start with a simple, proven idea and then use...



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