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The Unsayable: The Hidden Language of Trauma

By Annie Rogers

Ballantine Books. Paperback. Book Condition: New. Paperback. 320 pages. Dimensions: 7.9in. x 5.1in. x 0.8in. In her twenty years as a clinical psychologist, Annie Rogers has learned to understand the silent language of girls who will not who cannot speak about devastating sexual trauma. Abuse too painful to put into words does have a language, though, a language of coded signs and symptoms that conventional therapy fails to understand. In this luminous, deeply moving book, Rogers reveals how she has helped many girls find expression and healing for the sexual trauma that has shattered their childhoods. Rogers opens with a harrowing account of her own emotional collapse in childhood and goes on to illustrate its significance to how she hears and understands trauma in her clinical work. Years after her breakdown, when she discovered the brilliant work of French psychoanalyst Jacques Lacan, Rogers at last had the key she needed to unlock the secrets of the unsayable. With Lacan's theory of language and its layered associations as her guide, Rogers was able to make startling connections with seemingly unreachable girls who had lost years of childhood, who had endured the unspeakable in silence. At the heart of the book is the searing portrait...



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