



## Selected Spiritual Sayings

By Dr Purushothaman

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From the Beginning of time, Human beings are in the pursuit of Self-Knowledge/Self-Perfection or Self-Realization as it is our innermost nature or state - Our Being. Let s understand that all Religious Spiritual Teachings of the World, Philosophy, Psychology, Science Technology are aiming at the same with a difference in the Methodology of approach. The aim of all Religious concepts, beliefs, system approach is to awaken guide our Spiritual Journey to attain Self-Actualization. To be more precise, Spirituality is the fundamental basis of Religion. Actually Spiritual energy is the Substratum of our Existence. Without adequate Spiritual Knowledge Understanding about the Purpose, Values Virtues of life, we can t lead a Life in Total Wellbeing, Harmony, Happiness, Peace Love. Really speaking, Spiritual Knowledge is the Key to a Successful Purposeful Life. Even though there are many Spiritual Religious Concepts Paths, everything is pointing to one Purpose - Total Self Knowledge. In this millennium, we are really blessed with the precious invaluable Teachings, Thoughts Sayings of great Spiritual Religious Masters, Guides, Teachers, Great Philosophers Thinkers of all time. In this...



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