



Dance and Stillness; A danced inquiry to the experience of stillness

By De Leon, Jennifer

Condition: New. Publisher/Verlag: VDM Verlag Dr. Müller | A phenomenological hermeneutic inquiry into the experience of stillness - Presented through the medium of dance performance and written exegesis | We explore the subject of stillness: specifically the stillness that occurs in the midst of movement, turbulence or chaos. It is found in the midst of movement - it can also be conceived as that which frames, or holds all movement. A principal focus is to distinguish the therapeutic value of this stillness. A Christo-centric philosophy and worldview are ground to the work and the research methodology is hermeneutic phenomenology. Within this framework a choreographed dance work and written exegesis are equal parts of the whole. The choreography for the dance work employs a neo-classical-contemporary technique particular to the choreographer. The dance work was choreographed on and presented by four dancers. These four dancers and four watchers were the research participants. As the dance work evolved it was presented in process and the participants interviewed subsequent to the showings. Information was sought about the essence of the danced/watched experience, with particular attention being given to the felt experience of stillness. This is a story and a journey - being the vehicle for the central theme of the thesis to be best elucidated. | Format: Paperback | Language/Sprache: english | 195 gr | 136...



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