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The Food of Vietnam: Easy-to-follow Recipes from the Country's Major Regions (Paperback)

By Trieu Thi Choi, Marcel Isaak

Tuttle Publishing, United States, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Learn all about Vietnamese cuisine as well as over 80 authentic recipes with this beautifully illustrated Vietnamese cookbook. Vietnamese food is fast emerging as one of the most popular of all Asian cuisine s. Its emphasis on fresh herbs, raw vegetables and light seasonings makes it ideal for the health-conscious cook. This lavishly illustrated book of recipes, gathered and photographed in Vietnam, examines the historical and regional influences that have shaped the cuisine and presents a selection of classic dishes. The 84 easy-to-follow Vietnamese recipes present a diverse range of dishes from the country s major regions from Hanoi and the cooler north, to Saigon, the Mekong Delta, and all the points in between. Detailed information on Vietnamese ingredients and cooking techniques make The Food of Vietnam the perfect guide for anyone interested in the cuisine of this vibrant and bountiful country, where food is a daily celebration of life. Vietnamese recipes include: Pork Rice Paper Rolls Lotus Stem Salad with Shrimp Clam Soup with Starfruit and Herbs Fried Tofu with Lemongrass and Five Spice Crabs with Tamarind Sauce Braised Duck with Ginger Pork Stewed...



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