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## Find Your Courage

By Margie Warrell

McGraw-Hill Education - Europe, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. An up-front, to the point, and honest masterpiece. You can't go wrong with this one! (Richard Carlson, bestselling author of Don't Sweat the Small Stuff ). From popular life coach and motivational speaker Margie Warrell comes an inspiring, practical guide for finding the courage to change any - or every - aspect of your life. Warrell's 12 Acts of Courage challenges you to rethink your life scripts, overcome everyday fears, and dream bigger. Each chapter includes proven strategies and Courage Exercises to help you harness their inner strength and make meaningful changes in your personal and professional lives.



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