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## A PROFESSIONALS GUIDE TO 24 URBAN SELF-DEFENCE AND CLOSE QUARTER COMBAT SYSTEMS (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Not looking so much at traditional martial arts, but at the more urban and lesser known specific combat systems and styles, written by sensei and professional instructors around the world, A Professionals Guide. profiles the following 24 systems; Agni Kempo, Applied Eskrima, Awareness Response Delivery (ARD), Bartitsu, Combat Ju-Jutsu, Concept Martial Arts, Etiquette Close Quarter Combat Control, Escrima Concepts, Fight Fortress, Hard...

## Read PDF A Professionals Guide to 24 Urban Self-Defence and Close Quarter Combat Systems (Paperback)

- Authored by Robin Barratt
- Released at 2017



## Reviews

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