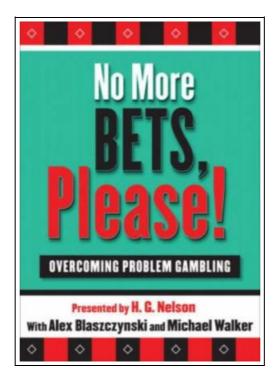
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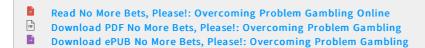
(Tanner Willms PhD)

NO MORE BETS, PLEASE!: OVERCOMING PROBLEM GAMBLING



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Guilford Publications, United States, 2008. DVD-ROM. Condition: New. Language: English. Brand New Book. This straight-talking, empowering video program offers essential information on how problem gambling develops, its damaging impact on individuals and families, and how it can successfully be treated. Through candid first-hand accounts from four recovering gamblers, along with illuminating commentary from mental health experts, the program shows gamblers, their families, and therapists: *How an alluring diversion becomes a shameful secret as problem gambling takes hold *Common myths and misperceptions about gambling--and why winning big is so unlikely *The benefits of individual and group therapy and self-help approaches *Ways to overcome setbacks in recovery and make meaningful, lasting changes Winner--CINE Golden Eagle Award.



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