Physical Health and Well-Being in Mental Health Nursing: Clinical Skills for Practice: Clinical Skills for Practice (Paperback)

By Michael Nash

OPEN UNIVERSITY PRESS, United Kingdom, 2014. Paperback. Condition: New. 2nd edition. Language: English . Brand New Book. This popular and groundbreaking book was the first of its kind to focus on providing mental health nurses with the core knowledge of the physical health issues that they need for their work. Considering the risk factors and assessment priorities amongst different mental health client groups, the book provides clinical insights into how best to work with service users to ensure their health is assessed and improved. In this fully updated second edition the book addresses the latest research and policy, as well as expanding coverage of: Assessment principles and skills Adverse reactions, side effects and patient education Working with older and younger patients Multi-professional working Each chapter includes case studies, examples, diagrams and exercises for self-testing and reflection, which will help readers develop their own skills and practice. Physical Health and Well Being in Mental Health Nursing is a must-have text for students and practitioners working in mental health nursing. It is also useful reading for practice nurses, district nurses, midwives and all allied health practitioners. People living with serious mental health problems often have significant physical health problems that are estimated...

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