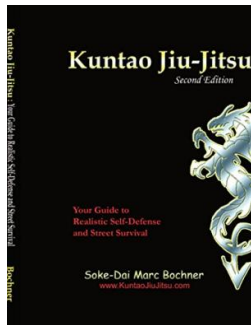


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Trafford Publishing. Paperback. Condition: New. 340 pages. Dimensions: 10.7in. x 8.3in. x 0.7in. Kuntao Jiu-Jitsu: Your Guide to Realistic Self-Defense and Street Survival is the official training manual written by certified Kuntao Jiu-Jitsu instructor Marc Bochner. This manual explains the philosophy, concepts and physical self-defense techniques that comprise the martial arts style of Kuntao Jiu-Jitsu. Kuntao Jiu-Jitsu is an effective art for individuals who are interested in learning how to realistically defend themselves and their families. This book covers aspects of...

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