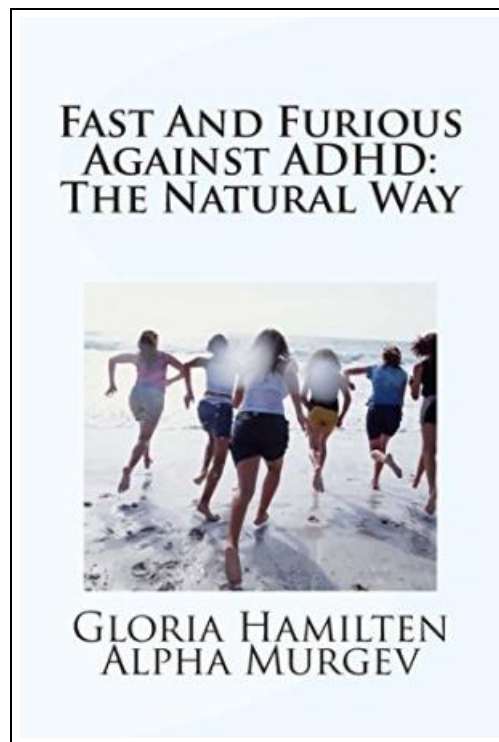


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Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Gloria Hamiltan and Alpha Murgev are a mother and daughter team who have experienced what it is like to have the symptoms of ADHD (Gloria) and ADD (Alpha) as children. Over the last few decades much research has occurred into the effect of nutrition on a child s behavior. It is our only in recent years that the nutrition-based treatments have become more widely understood and accepted. Gloria is a teacher of 35 years and has witnessed the effects of diet on a child s behaviour and ability to concentrate and learn. Alpha has a keen interest in nutrition and is passionate about educating parents in developing healthy cooking and eating habits to help their children grow into healthy, balanced and successful adults. From being told that she would never amount to anything because of her excessive energy and not sticking at things, Gloria achieved two Graduate University degrees, a Master of Education, in the required time and more Certificates than she cares to count. Alpha has two graduate degrees, a Masters, 2 Diplomas, won the Griffith University Ethics Prize, and tutored for the University at both the Brisbane and Gold Coast Campuses. She has since had very successful careers, leaving each because of either being head-hunted or by choice for advancement. Both mother and daughter are in business together. They lead a magnificent life full of health, a loving relationship, successful careers, friends and limitless opportunities. The strategies, techniques and processes that saw them through, are ones shared in the book for parents whose children exhibit the same or similar symptoms. In addition they have supplemented their experiences with the latest research from healthcare professionals, complementary sources and many others, to...

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