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Jessica Kingsley Publishers. Paperback. Condition: New. 208 pages. Full of simple strategies for happiness in children and teens with autism, this book is a must read for anyone dedicated to the wellbeing of a child on the spectrum. Bringing a refreshingly positive approach to mental health and autism, the guide is full of practical ideas for helping children strengthen their self-worth, optimism and receptivity to happiness. It also reveals how children can build resilience and better understand their feelings, giving...

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- Authored by Victoria Honeybourne
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