

# No More Makeup: Taking Off the Mask to Uncover Healing

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## Reviews

Very useful to all group of folks. This really is for all who statte there was not a worthy of reading. I am very happy to explain how this is the best pdf i have study inside my personal life and can be he greatest book for actually. (Marcelle Homenick)

### NO MORE MAKEUP: TAKING OFF THE MASK TO UNCOVER HEALING



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 200 pages. Dimensions: 10.0in. x 7.0in. x 0.5in.Customer Review: A journey of hope, healing and liberating freedom in Christ. 81013This treasure of a book No More Make Up was birthed out of both pain and restoration. Yes, both occurred but author Thakore ONeal lives today not out of the ashes of yesterday but with a new strength in the Lord to declare her victory and to inspire you on to yours. Growing up presented a series of traumatic events where the familys communication faltered, where a once treasured father became a drug addict, and where a scared child would remain lost in confusion and identity for many years. It is not a message of doom but one of hope and challenge to those today suffering from trauma. If you struggle with any of these situations this book will benefit you: -anger over your abused past-inability to forgive others-wanting to trust and open up but too afraid-low self esteem from verbal and emotional abuse and or neglect-feeling unloved, unwanted, and misunderstoodHer life happenings, she believes, were allowed by others so that she could be of help to others facing similar setbacks. She states I have to understand that though my childhood wasnt perfect, God used it for my behalf; to strengthen me, to give me a caring heart, to teach me to love or show me what mercy really is. Sex was used to cope and repeated attempts at suicide to no longer feel. It was a cycle that would continue until 9 years ago when she gave herself to Christ and that would unshackle her past, give her the proper identity and allow her to proclaim liberating freedom. Today she is a life giver to...

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