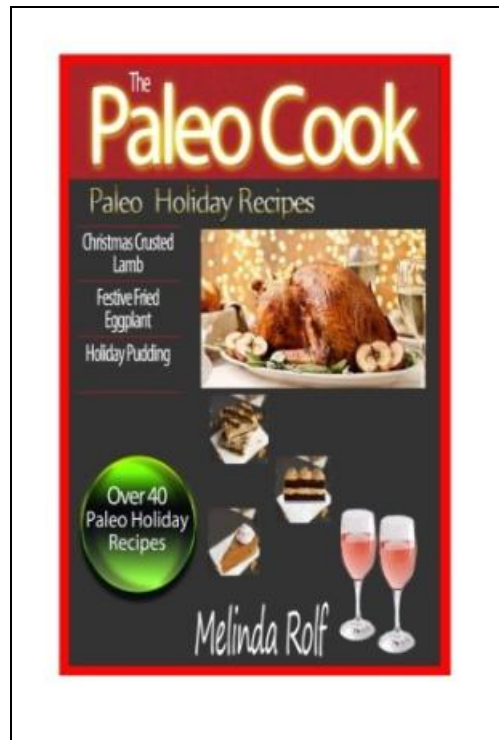


The Paleo Cook: Paleo Holiday Recipes (Paperback)



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(Dr. Chaim Kub)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Holidays are a wonderful time of year but for those of us who are really trying to eat healthier, they can also be a stressful time. The Paleo lifestyle is one of the healthiest ways to eat and in this book I have collated some of my favorite Paleo Holiday recipes so that you and your family friends can still enjoy all the wonderful dishes the Holidays have to offer, without having to worry about staying healthy. My readers know that cooking and baking is one of my favorite holiday activities and I hope that you enjoy these Paleo Holiday recipes which can of course be enjoyed all year round but the Holidays are a great place to try them out. I have included many of my personal favorite Paleo Holiday recipes such as. Pumpkin Soup Christmas Curried Deviled Eggs Christmas Crusted Lamb Beef Stir Fry with Cabbage Pecan-Maple Pie Brittle Paleo White Christmas Paleo Gingerbread Cookies Paleo Fruitcake Pumpkin Spice Hot Buttered Coffee Paleo Eggnog.And many more I hope you and your family enjoy them as much as we do. Happy (Healthy) Holidays.



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Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other...

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