



Never Be Fat Again: The 6-Week Cellular Solution to Permanently Break the Fat Cycle

By Raymond Francis

HCl. Paperback. Book Condition: New. Paperback. 356 pages. Fight Fat at Its True Source . . . Your Cells. An M. I. T. -Trained Scientist Explains the ONE Secret You Need to Know to Lose Weight and Keep It Off. Raymond Francis is the scientist people turn to when diets dont work. His groundbreaking approach treats excess weight for what it really is--a disease caused by malfunctioning cells. As Francis explains, many of the foods we eat every day, especially the health and diet ones we dutifully buy to lose weight, have the opposite effect . Full of hidden toxins and lacking nutrients, they actually poison your cells and alter your weight-control genes, causing your body to put on the pounds. Like hes done for thousands of other people, Raymond Francis can help you turn this fat cycle around and reclaim your waistline--and your health. His simple yet scientifically supported plan will have you looking and feeling better than you have in years-- in just six weeks. Youll discover: Which low-fat and no-fat products actually make you fatter How one missing nutrient can signal your body to store fat Which food additives are most toxic--and how to spot them...



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