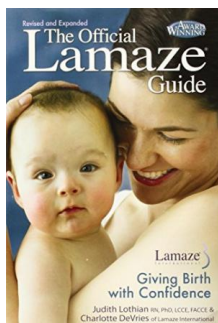


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## THE OFFICIAL LAMAZE GUIDE: GIVING BIRTH WITH CONFIDENCE



Meadowbrook Press,U.S. Paperback. Book Condition: new. BRAND NEW, The Official Lamaze Guide: Giving Birth with Confidence, Judith Lothian, Charlotte DeVries, Lamaze International is a leading organisation providing natural childbirth training for mothers-to-be. In this revised second edition of The Official Lamaze Guide the authors explain why childbirth has become riskier in the west, leading to a shocking increase in maternal mortality rates, incidences of postnatal depression and the number of babies admitted to newborn intensive care units. To increase the...

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