



A Professionals Guide to 30 Holistic, Healing and Complementary Therapies (Paperback)

By Robin Barratt

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Written by professional and renown therapists and trainers worldwide, A Professionals Guide to 30 Holistic, Healing and Complementary Therapies describes in detail the following thirty therapies: The Alexander Technique, Auricular Acupuncture, Bach Flower Remedies, Bowen Therapy, Colonic Hydrotherapy, Colour Therapy, Craniosacral Therapy, Crystal Therapy, Feng Shui, Herbalism, Homeopathy, Hot Stone Therapy, Hypnobirthing, Hypnotherapy, Indian Head Massage, Iridology, Jin Shin Jyutsu, Mei Rong, Mindfulness Therapy, Nambudripad's Allergy Elimination Technique, Naturopathy, Osteopathy, Reflexology, Reiki, Shiatsu, Shamanic Healing, Therapeutic Massage, Thermal Auricular Therapy, Thought Field Therapy and Tsuboki Japanese Face Massage, including history, benefits and therapy protocol. Also includes a directory of related professional associations, federations and societies. Essential reading for anyone interested in these different complementary therapies or looking for a specific healing therapy, and a really great hard-copy resource for those that don't always have Internet access, don't use the Internet, or who just can't find what they want on the Internet.

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Absolutely among the best book We have ever study. It is actually written in easy words instead of hard to understand. I found out this publication from my i and dad encouraged this book to find out.

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