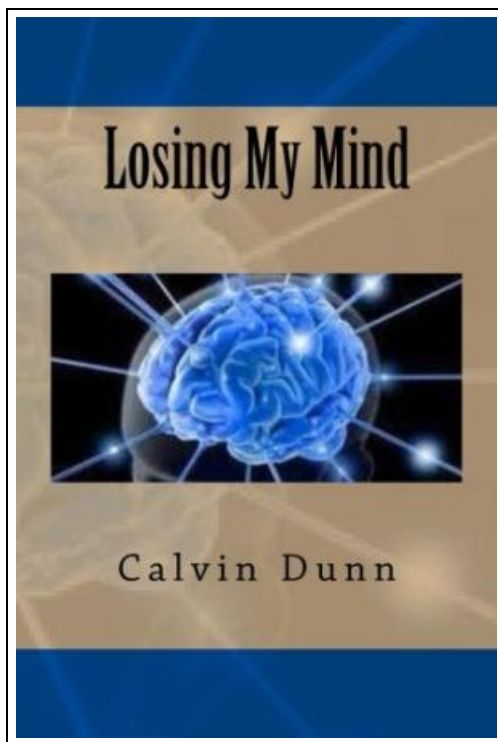


Losing My Mind (Paperback)



Filesize: 6.17 MB

Reviews

A brand new e-book with an all new perspective. It typically fails to cost an excessive amount of. I am effortlessly can get a satisfaction of reading a composed book.
(Turner Bayer)

LOSING MY MIND (PAPERBACK)



Createspace Independent Publishing Platform, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Losing My Mind is a story of survival against all odds. It s a story of faith and persistence, strength and endurance, optimism and hope, ups and downs, failures and successes, tribulations and revelations. It chronicles my entire life up to age 34, but the main premise of this book focuses on the 13-year period following my bipolar diagnosis. I was diagnosed in 1995, at age 20. Subsequently I experienced numerous manic and depressive episodes that landed me in jail dozens of times, as well as institutions and psych wards. I also experienced and survived homelessness, addiction and living in group homes. I eventually overcame bipolar disorder and now live a normal life, but getting here was not easy. I wrote this book to bring awareness and attention to this and other mental illnesses. I hope to inspire others with this illness, and encourage and empower people from all walks of life. You will see how a mental illness can destroy someone s life, and how a person who is hopeless can turn it around, pick up the pieces and regain sanity and stability. It ia a real and interesting journey. There are things that happened to me that most people will be able to relate to. My struggle and triumph is inspiring and an important story that needs to be told. It will help people understand bipolar, and bring awareness to an illness that has destroyed many people s lives, and taken many others. If I can overcome all that it s proof that you can do anything you put your mind to if you remain positive, strong, persistent and keep the faith. You can never give up no matter how...



[Read Losing My Mind \(Paperback\) Online](#)



[Download PDF Losing My Mind \(Paperback\)](#)

Other Books



Stuey Lewis Against All Odds Stories from the Third Grade

Square Fish, 2013. Trade Paperback. Book Condition: New. TRADE PAPERBACK Legendary independent bookstore online since 1994. Reliable customer service and no-hassle return policy. Childrens>Middle Readers>General. Book: NEW, New. Bookseller Inventory # 02978125003404502.

[Save PDF »](#)



13 Things Rich People Won t Tell You: 325+ Tried-And-True Secrets to Building Your Fortune No Matter What Your Salary (Hardback)

Reader s Digest Association, United States, 2013. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book. Did you read about the janitor who donated million dollars to his local...

[Save PDF »](#)



Reflections From the Powder Room on the Love Dare: A Topical Discussion by Women from Different Walks of Life

Destiny Image. Book Condition: New. 0768430593 BRAND NEW!! MULTIPLE COPIES AVAILABLE. NEW CONDITION!! 100% MONEY BACK GUARANTEE!! BUY WITH CONFIDENCE! WE SHIP DAILY!!EXPEDITED SHIPPING AVAILABLE. What's more fun than reading a book? Discussing it with...

[Save PDF »](#)



Trini Bee: You re Never to Small to Do Great Things

Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Book: Trini Bee An Early Learning - Beginner...

[Save PDF »](#)



Depression: Cognitive Behaviour Therapy with Children and Young People

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it...

[Save PDF »](#)