

Goal-Setting Journal (Paperback)



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Reviews

This book will be worth getting. Better then never, though i am quite late in start reading this one. Its been written in an extremely basic way which is only right after i finished reading this book through which actually altered me, alter the way i believe.

(Mr. Enrico Lesch)

GOAL-SETTING JOURNAL (PAPERBACK)



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iUniverse, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Life is what you make of it. In order to make it what you want it to be, you must set goals and work to accomplish them. Journaling allows you to plan how you want your life to unfold. Writing your goals down is important. Once you do that, you re ready to get to work andmake them happen. Find a greater passion for life and take your destiny off autopilot with this easy-to-read guidebook and journal. It can help you - set small, measurable goals that lead to greater accomplishments;- decide what you really want out of life;- remove distractions that slow you down;- communicate your goals to family, friends and colleagues. The journal leads you through setting life goals, health goals, spiritual goals, financial goals, personal development goals, and more. Charts and tables allow you to write your goals down and set target dates to accomplish them. Stop making excuses and take control of your own life. It starts with thinking about what you want and writing down what you plan to do in The Goal-Setting Journal.



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