



## Stop Hurting and Start Living: How to Move Beyond the Pain Caused by Others. Start the Healing Process and Start Being Happy ! (Paperback)

By Bil McDowell

Createspace Independent Publishing Platform, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Don't give up and let the weight of life weigh you down and steal your happiness. Learn to live and be happy. Now with even more updated information and a Special BONUS Chapter!! Failed relationships are always painful. Human as we are, we are vulnerable to physical pain and emotional conflicts. And always, it is the emotional conflict that drives us to the edge. Physical pain is always tolerable. If it becomes too painful; there are a lot of pain relievers we can induce to stop the pain if not reduce it. It's plain and simple. Physical pain does not linger. It stops when the wound starts to heal. Emotional pain, on the other hand, is something that tortures us from within. It hurts us in ways no physical wounds can. What's worse? There is no tangible medicine we can take or drink to ease the pain away. As painful as it is, we have no choice but to move on. We have to stop hurting and start living instead. The world will not stop revolving to wait for...



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