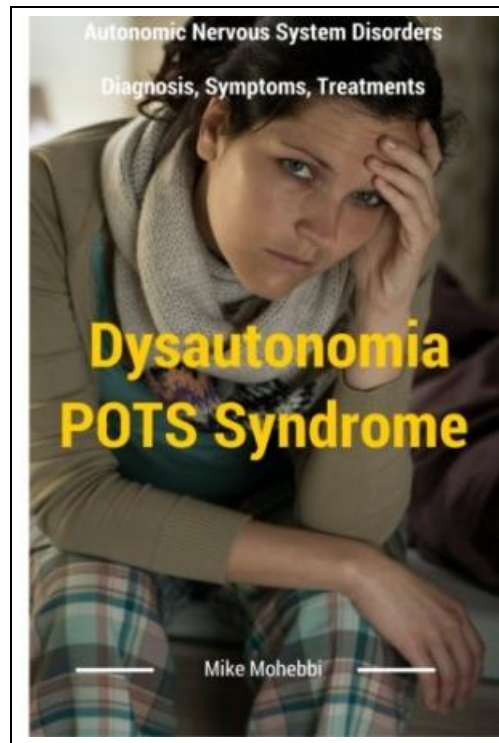


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Reviews

Extensive manual!! Its this sort of very good study. It is rally fascinating throug reading time period. I am just pleased to explain how this is actually the finest publication we have go through during my personal life and can be he greatest ebook for actually.
(Henri Runolfsdottir)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Quite Opposite of what many think that Dysautonomia or POTS Syndrome is a rare disease, over 70 million people live with some type of Dysautonomia. There is no specific age for POTS Syndrome and it can affect from young children to adults. Despite all the works and efforts performed to know more about Dysautonomia, It actually takes years for many patients to get diagnosed and it s more due to the lack of knowledge and understanding and awareness among people and medical industry. The first reason to write a book about Dysautonomia or POTS Syndrome was that there was not many good books about it that people can understand. Throughout my research, I have found some simple things that can really help the symptoms of Dysautonomia or POTS Syndrome that nobody talks about. PLEASE answer these questions first to have a better idea of what symptoms we re talking about: Do you feel dizzy or faint or get headache when you stand up? Do you Experience Brain Fogging (difficulty in thinking) ? Do you feel tiredness, sense of anxiety or shakiness? Do you have visual problems (greying, tunnel or glare) ? Do you have Gut problems (nausea, diarrhea, pain) ? Do you suffer from sweating, chest pain, poor sleep? Do you feel tired all the time without doing anything? Does Exercising and walking or jogging a hard thing for you? Do you have bladder problems? OR If you have not got any results from your neurologist If you suffer from anxiety disorders If you your parents and friends constantly tell you about your anxiety symptoms If you doctor has told you about autoimmune disease If you want to...



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