



Minding the Child: Mentalization-Based Interventions with Children, Young People and their Families (Paperback)

By -

Taylor Francis Ltd, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. What is mentalization ? How can this concept be applied to clinical work with children, young people and families? What will help therapists working with children and families to keep the mind in mind ? Why does it matter if a parent can see themselves from the outside, and their child from the inside ? Minding the Child considers the implications of the concept of mentalization for a range of therapeutic interventions with children and families. Mentalization, and the empirical research which has supported it, now plays a significant role in a range of psychotherapies for adults. In this book we see how these rich ideas about the development of the self and interpersonal relatedness can help to foster the emotional well-being of children and young people in clinical practice and a range of other settings. With contributions from a range of international experts, the three main sections of the book explore: * the concept of mentalization from a theoretical and research perspective * the value of mentalization-based interventions within child mental health services * the application of mentalizing ideas to work in community settings....



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Reviews

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