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QUALITATIVE RESEARCH IN PHYSICAL ACTIVITY AND THE HEALTH PROFESSIONS



Human Kinetics. Paperback. Book Condition: New. Paperback. 232 pages. Dimensions: 9.9in. x 6.9in. x 0.6in.Qualitative research is increasingly more common in the health professions, but most general research texts are limited in their discussion of the guiding principles of qualitative research. As a result, it is difficult for students and practitioners in the fields of athletic training, physical education, fitness, and health to sort out and apply the concepts involved in this method of research. Qualitative Research in Physical Activity and the Health Professions puts to rest any confusion or misunderstanding about this type of research. The text clearly explains the underlying principles of qualitative inquiry, making it easy for students and practitioners to understand how to design, conduct, and evaluate qualitative research studies. Written by two authors who have conducted numerous qualitative studies, taught graduate-level research courses, and advised many masters and doctoral students who have used qualitative methods in their pursuits, this text provides a focused approach to qualitative research for students and professionals in the physical activity and health care fields: -Numerous pedagogical aids facilitate the learning process, including Learning Objectives, Dialogue Boxes that feature students questions in a Q and A format, Take-Home Messages that summarize each chapter, Learning Activities that students may perform on their own time as an assignment, and Checking Your Knowledge sections that feature multiple-choice questions. -The more familiar quantitative designs are contrasted with qualitative ones, making it easy for readers to follow the flow of information and make associations about how the two methods complement one another. -Examples from current literature accentuate the essential components of an authentic qualitative research study, including observations, interviews, open-ended questions, and a format for analyzing data. -Actual published articles are provided so that students

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