



Book for the Hour of Recreation

By Maria De San Jose Salazar, Alison Weber, Amanda Powell

The University of Chicago Press. Paperback. Book Condition: new. BRAND NEW, Book for the Hour of Recreation, Maria De San Jose Salazar, Alison Weber, Amanda Powell, Maria de San Jose Salazar (1548-1603) took the veil as a Discalced ("barefoot") Carmelite nun in 1571, becoming one of Teresa of Avila's most important collaborators in religious reform and serving as prioress of the Seville and Lisbon convents. Within the parameters of the strict Catholic Reformation in Spain, Maria fiercely defended women's rights to define their own spiritual experience and to teach, inspire and lead other women in reforming their church. Maria wrote this book as a defence of the Discalced practice of setting aside two hours each day for conversation, music and staging of religious plays. Casting the book in the form of a dialogue, Maria demonstrates through fictional conversations among a group of nuns during their hours of recreation how women could serve as very effective spiritual teachers for each other. The book includes one of the first biographies of Teresa and a personal account of the troubled founding of the Discalced convent at Seville. A detailed introduction and notes by Alison Weber provide historical and biographical context for Amanda Powell's...



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