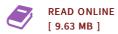




The Military Father A Hands-on Guide for Deployed Dads New Father Series

By Armin A. Brott

Abbeville Press. Paperback. Condition: New. 320 pages. Dimensions: 8.9in. x 5.9in. x 1.0in.Unfortunately, there are very few resources for military (and deployed civilian) fathers, who are looking for guidance on how to be in close touch with their families backhome. The Military Father, written by the countryGs leading authority on fathers andfamilies, will fill that gap, providing deployed dads with everything they need to knowto stay (or become) involved with and connected to their family regardless of the distancethat separates them. Part I of this essential sourcebook covers pre-deployment and explores the profoundeffect a dadGs absence will have on his spouse, his children, and himself. It alsoprovides extensive pre-deployment checklists and detailed tips aimed at preparing thedad and his family for separation and long-distance communication. Part II, DuringDeployment, explains how to stay involved and connected when youGre far away, andincludes specific strategies and activities designed to help dads and their family remainclose across time and distance. Part III, Coming Home, offers advice on post-deploymenttimes from preparing to come home and surmounting the challenges of returningto military or civilian life. In addition, the book includes a chapter on how dads cansupport a spouse when sheGs the one being deployed, and a...



Reviews

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