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Coaching the System: A Complete Guide to Basketball's Most Explosive Style of Play (Paperback)

By Dr Gary Smith, Doug Porter

Createspace Independent Publishing Platform, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. If you are interested in Coaching the System, you must be either desperate or crazy! At least that's what people told authors Gary Smith and Doug Porter when they began investigating this revolutionary style of play almost a decade ago. Ignoring the critics, they went on to coach the two highest scoring teams in men's and women's college basketball history: the University of Redlands, California (132.4 ppg), and Olivet Nazarene University in Illinois (104.1 ppg). From its origins as the Sonny Allen Numbered Fast Break, to Paul Westhead's Loyola Marymount up-tempo game, the System has been around for decades. But when Grinnell College's David Arseneault added platoon substitution patterns and hockey-style short shifts, placing a priority on creating three-point looks for his preferred shooters, the System truly came into its own. Smith and Porter learned the Grinnell version of the System from Arseneault himself, adapting it to fit their situations coaching men's and women's programs. In the past decade their teams set 32 NCAA and NAIA records between them, including most 100-point...



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Reviews

The best book i actually go through. It can be full of wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Prof. Greg Herzog

Basically no terms to clarify. It can be written in basic terms instead of difficult to understand. I am easily could get a enjoyment of reading through a composed publication.

-- Dr. Hazel Ziemann IV