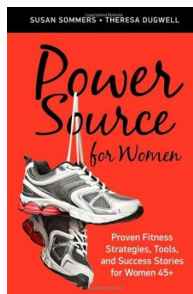


## Power Source for Women: Proven Fitness Strategies, Tools, and Success Stories for Women 45+ (Paperback)



### Book Review

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(Elliott Rempel MD)

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