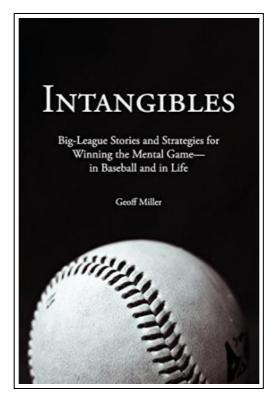
# Intangibles: Big-League Stories and Strategies for Winning the Mental Game-In Baseball and in Life



Filesize: 1.94 MB

### Reviews

Undoubtedly, this is the best job by any article writer. This really is for all those who statte that there was not a worth reading. I am very easily can get a enjoyment of reading a published pdf.

(Rowena Leannon)

## INTANGIBLES: BIG-LEAGUE STORIES AND STRATEGIES FOR WINNING THE MENTAL GAME-IN BASEBALL AND IN LIFE



Byte Level Research. Paperback. Book Condition: New. Paperback. 276 pages. Dimensions: 7.9in. x 5.2in. x 0.8in.Intangibles is filled with lessons and tools for helping baseball players in all stages of their development. --Fredi Gonzalez, Manager, Atlanta BravesA must read for athletes looking to gain a mental edge or simply better identify their own strengths. --Bryan Minniti, Assistant General Manager, Washington NationalsA must read for all baseball players, coaches, and fans. . . Mental skills coach Geoff Miller has spent years helping professional baseball players improve their mental toughness--both on and off the field. Now, hes making these invaluable lessons available to everyone who loves the game of baseball. From high school to the Major Leagues, all baseball players struggle with competition, pressure, and their own personal challenges. This book, through inspiring stories about professional baseball players in various stages of their careers, as well as hands-on tips and questionnaires, will help players evaluate and improve the mental skills that are necessary for that competitive edge. In Intangibles, youll find stories, instruction, and practical applications that teach players and coaches how to put forth their best mental games--portrayed through the eyes of those who have experienced those learning moments firsthand in their quests to become Major Leaguers. From a local parks baseball diamond to dusty minor league dugout benches to the musty concrete tunnels under Major League stadiums, Intangibles meets players where they are, offering specific ways to improve performance and outlook. Whether you hope to be a big league player someday, or whether you simply want to play your best game, this book is essential for all athletes who want to learn how to overcome fear, build confidence, and develop a mental framework for success. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



Read Intangibles: Big-League Stories and Strategies for Winning the Mental Game-In Baseball and in Life Online Download PDF Intangibles: Big-League Stories and Strategies for Winning the Mental Game-In Baseball and in Life

### Other Books



Some of My Best Friends Are Books: Guiding Gifted Readers from Preschool to High School

Book Condition: Brand New. Book Condition: Brand New.

Read eBook »



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English. Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents...

Read eBook »



### Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

Read eBook »



#### Disney High School Musical: Wildcat Spirit, No. 2: Stories from East High

Disney Press. PAPERBACK. Book Condition: New. 1423106121 Never Read-may have light shelf wear- Good Copy-publishers mark-I ship FAST with FREE tracking!!.

Read eBook »



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Klara is a little different from the other...

Read eBook »