



## Coaching Young Couch Potatoes: A Game Plan for Developing Athletes

By Michael Clapier

Cedar Fort Publishing & Media. Paperback. Condition: New. 160 pages. How do you raise healthy and responsible children in our irresponsible world With 43 million children playing Little League sports, there exists a powerful opportunity to use sports as a mentor rather than a sitter, giving children the work ethos that is lacking, the physicality that lies dormant, and the ability to do difficult things as a child so that the challenges of life do not overwhelm them. Coaching Young Couch Potatoes offers practical advice to inexperienced coaches and youth leaders on how to give young people what they need to reach their full potential. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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