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# COOK YOURSELF THIN FASTER: HAVE YOUR CAKE AND EAT IT TOO WITH OVER 75 NEW RECIPES YOU CAN MAKE IN A FLASH!



Hyperion, United States, 2009. Paperback. Book Condition: New. Original. 229 x 183 mm. Language: English . Brand New Book. From the #1 New York Times Bestselling Series . . . Cook Yourself Thin FASTER Lose Weight without Losing Your Mind! Discover what everyone is talking about: the easiest, most enjoyable way to lasting weight loss. Following the smash hit original comes this brand-new collection of over 75 even easier recipes, plus smart cooking tips and real-life success stories. Finally, a...

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- Authored by Lauren Deen
- Released at 2009



#### Reviews

A whole new eBook with a brand new perspective. it was actually writtern quite completely and useful. I found out this ebook from my dad and i recommended this ebook to discover.

#### -- Dr. Wyatt Morissette

It is simple in read easier to understand. I am quite late in start reading this one, but better then never. Its been designed in an exceptionally easy way in fact it is just following i finished reading through this publication where basically transformed me, alter the way i really believe. -- Ms. Christy Ondricka DDS

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