



Self-Mastery: The Lost Key to Living an Overcoming and Fulfilling Life

By Belinda Moss

Westbow Press. Hardcover. Condition: New. 132 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. As a man thinks within himself, so he is. Have you ever wondered why some people do phenomenally well and others seem to merely exist? Why do some pilot their lives with great resilience, while others are derailed by suicide or other debilitating thoughts or behaviors? Success is not based on the things you do; it is based on your state of being. The higher your emotional intelligence is, the higher your success rate will be. Self-mastery is about learning how to pilot your life with such accuracy that you will no longer zigzag through life, but lead a course that will guide you straight to destiny. Self-Mastery: The Lost Key to Living an Overcoming and Fulfilling Life grabs your attention and raises important dialogue on transformation. I used this material with twenty-three hundred male offenders in our correctional facility, and it proved to be a bestseller for transforming lives. It provides the solution for anyone who may have taken the wrong exit off the road map of life. - Dr. Linda Brock, Chaplain, McRae Correctional Facility; Dublin, Georgia. The Mosses provided Self-Mastery training to my crew prior...

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