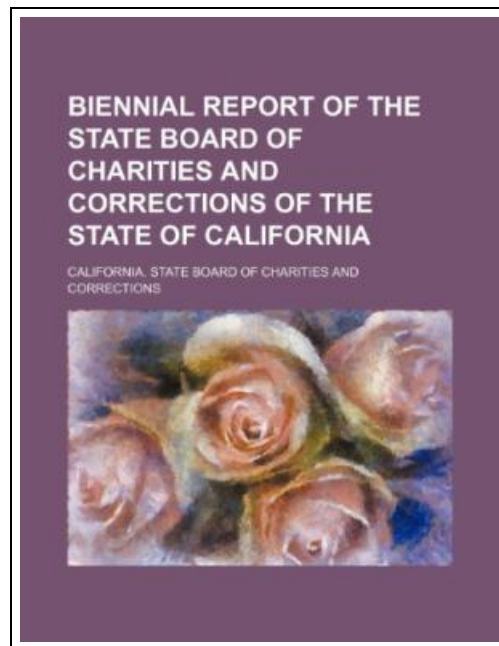


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Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1905 Excerpt: . too much meat is served. Usually two meals a day are served, which is enough for men corifiued without work. It is not necessary to serve meat more than once, if sufficient other proper food is given for breakfast. Dinner is then served in the afternoon, between two and four o clock. In very few instances is there reason to complain of the insufficiency of the food. In those jails, however, where the provisions are furnished prisoners, to be prepared by themselves, the conditions are bad. Scattered remnants of meals and pieces of food are found all over the jail. A good kitchen in connection with the jail is the best plan, but the kitchen must be separate from the cell house, and in charge of a good cook. More attention should be given to serving a balanced ration and also to serving it in a more appetizing manner. EXERCISE AND LABOR. Prisoners are allowed the use of corridors in many of our jails, for purposes of exercise mainly. There is no room for exercise in a 6-foot by 8-foot cell; therefore, they are given the corridor all day long. This is bad, as it furnishes so much opportunity for social interchange, telling stories of crimes, and playing cards. An hour, morning and evening, should be given, but under the eye of the jailer, who would see that the prisoners exercise and cut out these social features. The problem of exercise can not be separated...



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