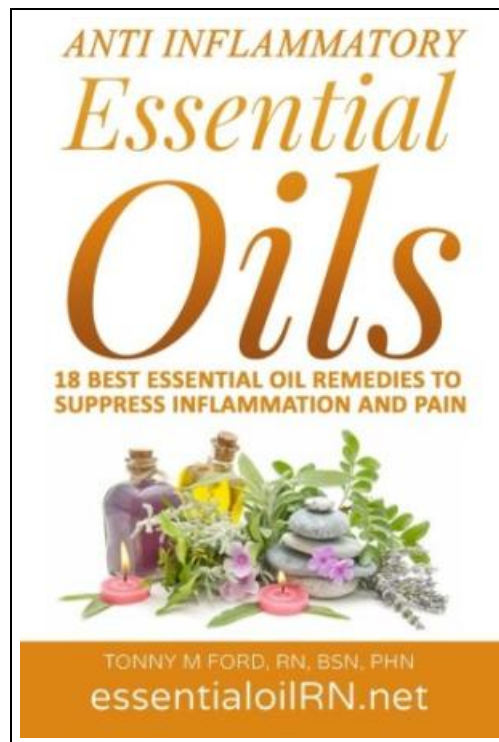


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Reviews

Thorough guideline! Its this kind of excellent read. This is certainly for all those who statte there was not a well worth reading. Your way of life period will probably be transform once you complete reading this book.
(Mrs. Alia Borer)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The book: Anti-Inflammatory Essential Oils (18 best essential oil remedies to suppress inflammation and pain,) is a must for people who are living with chronic pain. This is an informative book that specifies what essential oils you should use for particular forms of bodily aches and injuries. Chronic pain is a condition which afflicts millions of people in the US alone, and that number is rising by 15 to 22 each year. The intensity of pain can range anywhere from mild discomfort to debilitating pain, while its frequency can last for a few short hours to intermittent bouts that go on for days, weeks, months, years, and even decades. In search of relief, people are turning to drastic measures like taking potent drugs or undergoing surgery --- both of which actually cause more bodily harm. In the end, these become causes of chronic pain too. This book recommends the non-addictive (not based on drugs or medications,) non-invasive (no surgeries required,) and relatively inexpensive way of treating chronic pain in the comfort of your own home. It contains information on the different massages you can use, what kind of essential oils you can apply on your skin, and what oils or compounds you can use for aromatherapy. It also contains detailed information about the healing properties of common and rare forms of herbs, flowers, and plants that are used in essential oils. There are also tips on how to buy essential oils and oil compounds for beginners. After reading this book, you will have a better insight on why chronic pain exists, and why most drugs, medications, and surgeries do not afford permanent relief. You will...

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