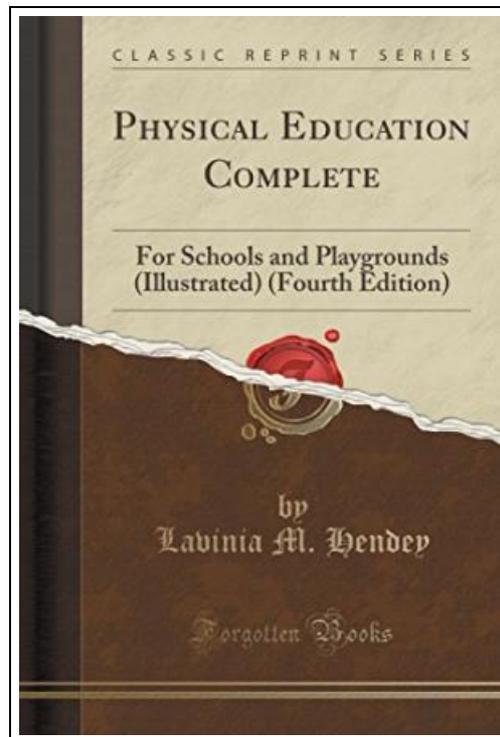


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Physical Education Complete: For Schools and Playgrounds (Illustrated) (Fourth Edition) This book contains material for a complete course of study in Physical Education adapted to the needs of the Elementary Schools. It contains nothing theoretical or fanciful, but is a practical, reliable guide and help to teachers, one based on experience in the schoolroom and demonstrated on the playground. Its purpose is to give to Normal School Students and Teachers a Practical knowledge of Physical Education of the present time, one that will enable them to introduce and carry on the work in both rural and city schools. The principal claims for consideration are: 1. It covers the needs of all Elementary Schools, both Rural and City. 2. It suggests and advocates only plain, practical and durable equipment, which the local carpenter can design and erect. 3. Its methods are all workable. 4. It seeks the health, happiness and well being of the children, and. 5. It tells the teacher how to secure these ends. 6. It combines all things needful in One Book which furnishes to the busy instructor the help of most worth. It includes: 1. A Brief History of the Playground Movement in Germany, England and the United States. 2. Instruction in the Organization and Supervision of School Playgrounds, with suggestions for building and cost of simple apparatus. 3. Instruction in Gymnastics, -with lessons for every grade. 4. Games and Folk Dances. 5. Suggestions to the Story Teller and a List of Stories for Elementary Schools. 6. Definite instructions in First Aid to the Injured and the Physical Care of Children in the Schoolroom and on the Playground. In all cases care has been exercised to select the Games and Folk Dances that have...

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